



UF in Maynooth Guide



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Program Information

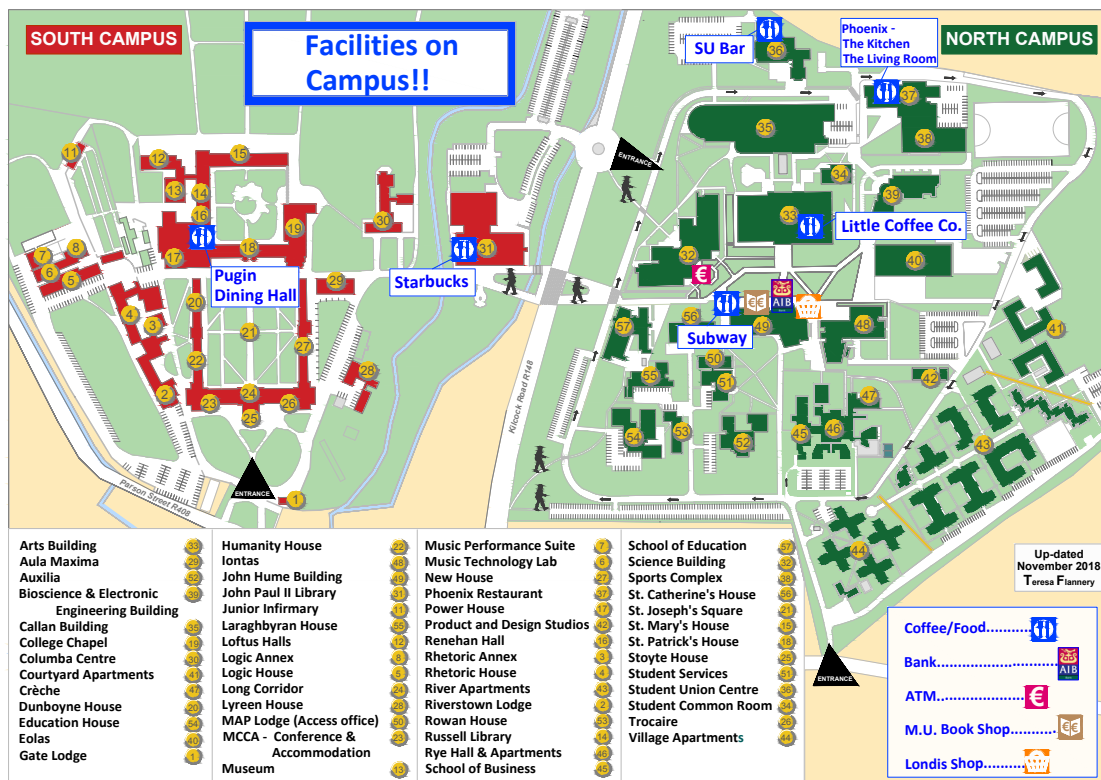
In Ireland, a country where innovation, inventiveness, and opportunity abound, you will see how the Irish have tackled some of their most challenging environmental and economic problems. In this program, we will explore how the richly traditional Ireland continues to influence the thriving culture of its people. Along with the classes, you will travel across Ireland, where you will visit start-up and major businesses, innovation programs, and many cultural sites.

About the Location

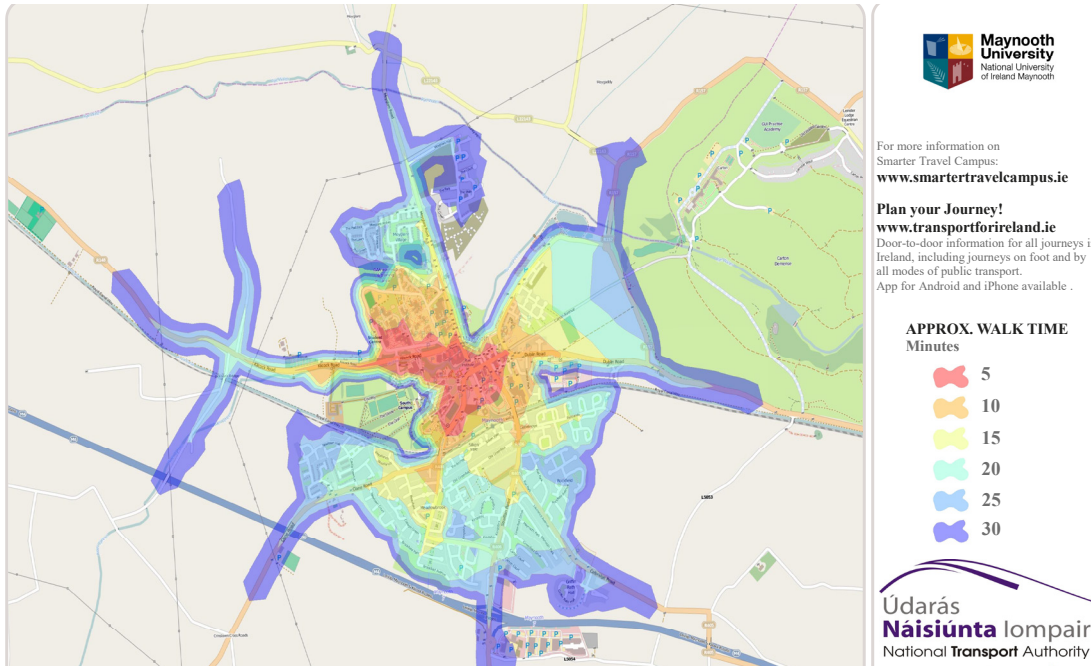
Originally established in 1795 as St. Patrick's College, Maynooth University is the second oldest University in Ireland. They are currently ranked in the Top 100 Young Universities in the world, and have a current enrollment of over 10,000 undergrads.

In the last two decades, the University has gone through a major expansion, constructing some of Ireland's most renowned teaching, research, accommodation, and support facilities. Located just 20 minutes west of Dublin in Ireland's only University town, Maynooth University creates an ideal setting for those who desire a prestigious yet close-knit environment.

There is a grocery store located right next to the school plaza, and a large Tesco a short walk from campus. It is a safe area, explore and try new things whenever possible.



To learn more, visit <https://www.maynoothuniversity.ie/>



Maynooth lies just 33km south-west of Dublin Airport; around 40 minutes travel time by car. Over 50 airlines operate from 170 destinations to Dublin Airport, with up to 600 flights per day. Maynooth is a thriving market town full of shops and businesses, restaurants and bars, pubs and clubs. Being a University town, Maynooth is known for its warm and friendly nature. The town is always buzzing with people, either going out to lunch, going to work, or on their way to grab a pint with their friends. Although Maynooth is a small town, it certainly does not insinuate that there is not an assortment of places to go for whatever reason. Maynooth continues to obtain high quality restaurants as well as high quality boutiques to shop. Wherever you want to go, it is only a couple of minutes away, that is the beauty of a pocket-sized town, nothing is too far.

Excursions

Along with start-up companies and visits with entrepreneurs, business visits can include sites such as DCU Invent, Happy Pear and Autodesk. Travel to Kylemore Abbey and the Cliffs of Moher, will be part of weekend trips across Ireland, which may include Belfast (day trip), Glendalough (day trip), Galway (overnight), and Cork (day trip). Schedule may change year to year.

A short train or bus ride will take you to the heart of Dublin City. Dublin is the capital of the Republic of Ireland and is Ireland's largest city. It is located on the east coast of Ireland, overlooking Dublin Bay. Dublin City is surrounded by the greater Dublin area or Dublin County where the visitor can find an abundance of picturesque seaside villages, rolling mountains, and rural hinterland, all within half an hour of the city center.

For comprehensive information and listings for Dublin accommodation, activities, events, tourist attractions and things to do visit www.visitdublin.com, it is operated by Fáilte Ireland, the National Tourism Development Authority.

Program Schedule

It is **strongly recommended not** to organize trips nor book or buy airfare, train tickets, etc., without first consulting the academic calendar and exam dates of all courses. It is strongly recommended that you not travel any weekend before an exam.

Schedule At-a-Glance

- Breakfast
- M-R class
- Lunch
- Afternoon trip or free study time
- Dinner

Course Information

Courses:

IDS 1940 - Creativity & Design Thinking for Innovation 4 Credits

IDS 1107 - Innovators Mindset 2 Credits (100% online)

Total Number of Credits Offered: 6

UF Faculty teaches courses.

UF Course Materials

All course textbooks will be available for pickup at the UF Bookstore before the beginning of the semester. If you are away from Gainesville, you can order your books online and have them shipped to you (within the US). Please note: Verify on the course website any changes to the books prior to your departure. Due to customs and mail difficulties, you cannot expect to receive books shipped to Ireland.



E-Learning/Canvas

The E-Learning website contains all the course information for the online courses: syllabus, assignments, grades, etc. To access, visit the Academic Technology website at elearning.ufl.edu.

Log on to the system entry. Once logged on, you simply click on the course link to view all resources for the course. Various support services are available on the Academic Technology site.

Virtual Private Network

UF's Virtual Private Network (VPN) is a set of technologies that allows users to build secure "virtual" paths between hosts on insecure networks. By connecting to the VPN service, you appear to other hosts at UF as if your computer were on the UF network, which allows you to gain access to external resources from off campus (such as library databases) that are based on UF source addresses. With VPN, you can access UF resources and sites that are often restricted abroad (YouTube, Pandora, etc.). To download VPN, follow the instructions at net-services.ufl.edu/provided-services/vpn/clients.

Organizational Staff and Administration



Emma Frierson

Study Abroad Advisor
(352) 273 - 1508
efrierson@ufic.ufl.edu



Dr. Jeff Citty

Faculty Program Director
352-294-1785
jcitty@aa.ufl.edu



Charlie Cummings, M.F.A.

Faculty
352-294-1785
charlie@ufl.edu

Computer/Software

Innovation Academy requires students to have access to, and on-going use of, a laptop/mobile computer for IA courses to fully engage with in-class research and projects. We recommend purchasing a computer with as much memory and processing power as reasonably affordable. However, the Innovation Academy does not make any specific recommendations regarding your choice of Mac or PC computers. The official UF policy for student computer requirements can be found here: <https://it.ufl.edu/policies/student-computing-requirements/>

Due to the software students are expected to run, minimum computer requirements for Innovation Academy courses include:

MINIMUM HARDWARE REQUIREMENTS	
Operating System	Apple® macOS™ Mojave v10.14; Apple® macOS™ High Sierra v10.13; Apple® macOS™ Sierra v10.12 Microsoft® Windows® 7 SP1, Windows 8.1, or Windows 10 (64-bit only)
CPU Type	64-bit processor
Memory	3GB RAM (4GB or more recommended)
Graphics Card	512MB GDDR RAM or more
Disk Space	100 GB or higher
Pointing Device	Microsoft-compliant mouse, Apple Mouse, Magic Mouse, MacBook Pro trackpad

*Mac computers with Thunderbolt 3 (USB-C) ports need a USB-C to USB Adapter

Minimum Software Requirements

- Microsoft Word and Microsoft PowerPoint – Available for UF Students here: <https://it.ufl.edu/services/gatorcloud-microsoft-office-online>
- Adobe Acrobat
- Autodesk Fusion 360 – Educational Use free 3-year subscription: <https://autode.sk/2lHehxb>
- Arduino IDE (open-source)
- Mail Client – Students are required to have and regularly check their Gatorlink email address. All official communication with a student is sent to this email address.
- Web Browser – The most recent versions of Microsoft Edge or Mozilla Firefox are required. They are many online applications for registering for classes and downloading University-wide site-licenses software require these browsers. Other browsers, such as Opera, Chrome, or Safari, may work but are not officially supported.

Classroom Expectations

Most students exhibit appropriate behavior in class, but sometimes there is disagreement over the definition of “appropriate” behavior. There can be diverse expectations between students and instructors arising from different perceptions related to behavior. Instructors come from the mindset “if express permission has not been given, then a behavior is not allowed,” whereas many students come from the mindset “if we have not been told otherwise, then the behavior is allowed.” Students should ask if they are not sure about any behaviors. Learning is a group activity, and the behavior of each person in class in some way or the other affects the learning outcomes of others. If these thoughts and the following rules are kept in mind, the classroom experience will be a better one for everyone involved. The following are some basic guidelines on classroom behavior. A faculty member will develop his/her own version of these expectations. It is vital to read the syllabus for specific policies in each course.

Recommended Class Behavior

- Class begins promptly at the beginning of the class period. It is advisable that you be in your seat and ready to start participating in class at that time.
- Always bring the required supplies and be ready to be actively engaged in the learning process. This communicates preparedness and interest.
- Turn your cell phone off or on silent before the start of class. Put away laptops and other electronic devices unless otherwise approved.
- Check with the instructor to see if they have any policies regarding bringing a drink or a snack to class. In conjunction with this, please PICK UP YOUR TRASH when you leave the room.
- Your professor expects your full attention for the entire class period. It is wise to ask the professor what their preference is if you expect to leave before the class is over or if you arrive to class late. You should try to sit as close to the door as possible so you may leave with minimal disturbance; and similarly you should just slip in as quietly as possible and take the first available seat.
- Do not sleep in class! Dozing off, laying your head on the desk, or sleeping in class is rude, and it is distracting to others.
- Turn in assignments on time.
- Being courteous in class does not mean that you have to agree with everything that is being said. However, your point will be much more credible if conveyed without rudeness, aggression, or hostility. If you strongly disagree with your professor, it is a good idea to speak with him/her after class.
- When you have a question or comment, please raise your hand first as a courtesy to your classmates and the professor. Remember, your questions are NOT an imposition – they are welcome. Chances are, if you have a question, someone else is thinking the same thing but is too shy to ask it. So, ask questions! You will learn more, it makes the class more interesting, and you are helping others learn as well.

If an emergency arises that requires an absence from a session, it is your responsibility to get the notes and all other information that was covered in class from a colleague.

Good manners provide the foundation for proper classroom behavior. Stated another way, all students, regardless of the many perspectives they may bring to a given class, are expected to be courteous while in the classroom. Notably, students must be open to and respectful of the learning process in the classroom, even if, at times, their own beliefs or views about the material being presented are different.

Although all students are expected to exhibit appropriate conduct, some simply do not know what constitutes proper classroom behavior. Some unacceptable classroom behaviors occur regularly on campus. Misconduct— which instructors are asked to bring to a halt— includes, but is not limited to, the following:

- Students continuing to talk after being asked by the instructor to stop.
- Students conducting side conversations during instruction.
- Students nonverbally showing disrespect for others.
- Students using vulgar, obscene, or other inappropriate classroom language.
- Students making disparaging remarks or making slurs based on age, religion, race, ethnicity, gender, nationality, disability, or sexual orientation.
- Student tardiness and disturbing classroom entrances.
- Students getting up during class, leaving, and then returning.
- Students packing up books and/or belongings before class is dismissed.
- Students using their cell phones, allowing them to ring, or text messaging during class.
- Students inappropriately using computer or other technology in a disruptive way.
- Students verbally indicating dissatisfaction with an activity, assignment, or grade.
- Students sleeping in class and other inattentive behavior.

As a reminder, **all UF students are bound by the UF Student Code of Conduct, Honor Code and Honor Pledge while abroad.**

The Honor Code

Preamble: In adopting this Honor Code, the students of the University of Florida recognize that academic honesty and integrity are fundamental values of the University community. Students who enroll at the University commit to holding themselves and their peers to the high standard of honor required by the Honor Code. Any individual who becomes aware of a violation of the Honor Code is bound by honor to take corrective action. Student and faculty support are crucial to the success of the Honor Code. The quality of a University of Florida education is dependent upon the community acceptance and enforcement of the Honor Code.

The Honor Pledge

We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

For more information, visit <https://dso.ufl.edu/>



General Information

Be sure to provide any changes to your flight itinerary to the Study Abroad and Faculty Program Director contacts.

- Be sure to update your permanent and local addresses with the UF Office of the Registrar prior to your departure. You can do this by logging on to one.uf.edu.
- Since you will be living abroad and will most likely not be able to handle personal matters that arise in the USA, we suggest that you sign financial and medical power of attorney forms. These forms will give a designated representative, such as a family member, the authority to speak to university representatives on your behalf. You can pick up the necessary forms at UFIC.
- Register with the U.S. Department of State through their Smart Traveler Enrollment Program. The web address to register your information and travel destination(s) is step.state.gov/step. Download their app to your phone to receive alerts from countries that you designate.

Immigration

Although a visa is not required to enter the Republic of Ireland, students holding a USA passport and staying longer than 90 days will be required to purchase a residency permit card. Non-EU nationals who have entered Ireland with the intention of residing in Ireland for a period of more than three months must register with their local immigration registration officer. A fee of €300 is charged for the registration. Check the Embassy of Ireland website - inis.gov.ie - for the most current information.

It is recommended that U.S. citizens bring the following documents to prove that you are a student and in Dublin for academic reasons:

- A valid U.S. Passport.
- Dated letter of acceptance that proves you have been accepted to study UF in Maynooth.
- Proof of adequate funding for the semester (i.e., bank statement, credit card, scholarship award letter).
- Proof of plans to leave at the end of the semester (return ticket).
- Details about the UF in Maynooth program (pre-departure guide).

Arriving in Dublin

Once you clear customs, please proceed to the yellow sculpture in Terminal 2 as soon as possible. This sculpture is where you will meet the UF faculty, WorldStrides staff, and all other students. Once everyone is accounted for, we will board a private coach to take everyone to Maynooth University to check in.



Procedure for Emergencies

In the event of physical harm or an emergency, please contact the local police: **999**.

Then, follow the steps below:

- After the situation has stabilized, contact the insurance provider, CISI, TRICARE or your private international health and accident insurance provider.
- Notify your family.
- Contact the University of Florida International Center: 001.352.273.1539. State your name, program, location, and the nature of the emergency.
- During evenings and on weekends, call the University of Florida Police Department at 001.352.392.1111. They will then contact the on-call International Center representative.

The Accident and Emergency Department for the Maynooth catchment area is Connolly Hospital, Blanchardstown, Dublin. It can be used to access emergency medical treatment 24 hours a day.

Emergency Telephone Numbers

- Police/Fire/Ambulance **999**
- UF International Center 001.352.392.5323
- UF Police Department 001.352.392.1111
- Pan-European/EU Emergency Line 112
- UFIC Dean – Ambassador Dennis Jett (Ret.) djett@ufic.ufl.edu 001.352.273.1523
- UFIC Study Abroad Coordinator – Susanne Hill shill@ufic.ufl.edu 001.352.273.1500

The Pan-European emergency number 112 works in any EU country from any telephone, and it is also the number to call for any emergency services if you are using a cellular/mobile telephone.

Safety and Security

Use good judgment and common sense! Do not walk alone at night; never leave your belongings unattended, etc. Bad things can happen regardless of your location if you do not take reasonable precautions. Always guard your belongings when in public and be aware of your surroundings at all times. Students have had purses, laptops, and camera bags stolen from them even when the items were just on the ground next to them. Be vigilant with your possessions.

The accommodation is secure with 24-hour security on campus. The main gate closes at midnight (0:00). If the security point is unattended when you arrive please telephone the radio unit at 00 353 1 7083929.

Whilst we want you to feel at home and be comfortable in your space, please always respect your community and fellow students. Please be aware that you will share a building with resident staff and students of the Seminary and we ask you to respect their rights. Noise levels must be kept to a minimum.

All bedrooms are strictly No Smoking. It is illegal to smoke in any building at Maynooth University campus including bedrooms and our policy is strictly enforced. Consumption of alcohol or illegal substances on the premises is prohibited. If damage to the room or its furnishings and fittings is reported, charges will apply.

Common Precautions

- Make copies (& digital scans) of your passport, documents, and credit cards. Keep the copies separate from the originals and leave a copy with your family in the USA.
- Protect your valuables at all times: Men - place your wallet in your front pocket. Ladies hold your purse across your body, and toward the building side of the street, as purses can easily be snatched by people riding on motorcycles or scooters. Beware of using purses with a brand name displayed prominently.
- Carry only enough cash and documents (scanned copies of the documents will work as well) needed for one day.
- When traveling on overnight trains, always stay in a compartment with other people. Make sure to use the night lock located at the bottom of your compartment door and keep all money, valuables, and documents close to your person. Always be alert and conscious of your surroundings.

Finances

Undergraduate Program Fee: \$ 7080.00 *varies yearly

A \$425.00 nonrefundable deposit toward the total cost of the program is due at the time of application. The remaining fees are due no later than 45 days prior to departure.

What Is Included:

- Tuition for 6 credits
- Housing
- Breakfast, lunch and dinner Monday through Friday
- Breakfast **only** on Saturday and Sunday
- All excursions, business visits, and local transportation
- Comprehensive health insurance

What Is NOT Included:

- Round-trip airfare
- Additional meals
- Additional personal travel
- Personal expenses

Financial Aid

As an Innovation Academy student, matriculating in the upcoming spring semester, federal financial aid will only become available to you upon matriculation. Florida Prepaid Tuition may be used based on the plan purchased on your behalf. Please contact Florida Prepaid for the amount per credit hour. Scholarships with the donor's approval may also be used.



- Be sure to inform your bank and/or credit card company that you will be leaving the country. Often, they may freeze your account if you do not notify them in advance as a way to protect you against theft. Check the Dollar-Euro exchange rate regularly and plan your budget accordingly (www.oanda.com/currency/converter).
- ATM machines will offer the most advantageous exchange rates. Make sure your ATM card is part of the Visa/PLUS or MasterCard/Cirrus network and includes a chip. Inspect the machine before you use it, and do not use it if it looks tampered with.
- To ensure ease of use, make a note of or memorize the PIN number for each of your credit cards. Convert PIN numbers to four digits, as most ATMs only accept four digits.
- Check if your bank is a member of the Global ATM Alliance (Bank of America, Barclays, Scotiabank, BNP Paribas, Deutsche Bank, and Westpac), as there are lower fees to use ATMs at other member banks.
- Visa and MasterCard are widely accepted at shops and restaurants in Dublin. Check if your credit cards charge international fees.
- Make a list of all the credit and ATM cards you take with you (names on cards & #'s), along with the telephone numbers to call in the event of a loss. Record the long distance telephone number, as 800 numbers do not work when calling from abroad. Keep one list in a safe place separate from your wallet and another list at home with your family.

It is recommended that students budget \$1,000 for miscellaneous expenses (most will not spend this much). Students should arrange for additional funds if they plan to travel outside of Ireland.

Information for Parents

Leave the following information with your parents:

- Names, the address, and phone numbers of the staff.
- Names, addresses, and telephone numbers of all important UF contacts for financial aid, registration, etc.
- Your return dates with flight information and times. They will want to know when they can expect to have you back home!

The Accident and Emergency Department for the Maynooth catchment area is Connolly Hospital, Blanchardstown, Dublin. It can be used to access emergency medical treatment 24 hours a day.

Insurance & Health

All students on UF sponsored and UF exchange programs **are covered through CISI health insurance**. You will receive an ID card with the dates of coverage and important phone numbers in case you need to contact them.

- Illness is defined as not feeling well, depression, headache, stomach upsets, diarrhea, flu/common cold or any other condition that makes you feel that you would like to seek the assistance of professional care.
- Report any illness to your local host coordinator, roommate, U.F. or local faculty and ask for assistance.
- You have every right to see a physician and should take extra care while abroad, as any common illness can become major when under stress.
- Notify AIG Assist: Your ID number is GLB 9112873. Worldwide, call collect (001-713) 267-2525. If you can't call, have someone call on your behalf. They will give you referrals to English-speaking physicians, emergency rooms, hospitals or other health care facilities that they are familiar with.
- AIG Assist will call you back regularly to follow-up. They will call your physician to check on appropriate treatment. They will notify the UFIC of your situation and - where needed - request staff assistance. They will notify your parents only at your request.
- Keep receipts for any "routine" medical care, prescriptions, or other medical costs. You must have these in order to file a claim with CISI when you return to the U.S. If you are participating in a non-UF program, please submit your receipts to the insurance provider that is part of your program or your own insurance provider. If you are staying longer than two months, you may wish to mail these receipts to your parents, family or other trusted caregivers here in the U.S. so that they can file a claim for you.

International Calling Procedures

FROM the USA to Ireland, dial 011 + 353 + telephone number (Country code for Ireland = 353)

TO the USA from Ireland: 001 + area code + telephone number

Facebook/Skype/Zoom calls do not require an international phone number.



Housing/Local Information

Student Housing

Your accommodation is on the South Campus in St. Patrick's House. You will stay in a twin room with a wash-hand basin in each bedroom and access to male and female cubicled shower and toilet facilities on each floor. There is wireless internet access available through the campus and your residence. It is called MU Guest, and will ask for your email address before it can connect. Laundry Facilities are available on Campus. You can sign out an access key and token from the reception desk. You must, however, provide your own detergent.

Bed linens and towels are changed twice a week and rooms are serviced daily by housekeeping, but it is your responsibility to keep your living quarters clean and in good condition.

Should anyone want to get post/packages delivered, our address is Maynooth Campus, South Campus, Maynooth University, Maynooth, Co. Kildare, Ireland, W23 DD4R.

Reception is open from 8:00-23:00 every day.



Local Transportation

We are 25km from Dublin city center:

Dublin Bus

The primary routes between Maynooth and Dublin city center are the C3 and C4 buses, with buses every thirty minutes. The bus stops in Maynooth are approximately 10 minutes walk from campus.

If you were catching the bus from Maynooth to spend some time in Dublin City Centre, you might choose to go from 'Bachelor's Walk' stop in Dublin. When returning to Maynooth from Dublin, you might choose to catch the bus at the 'Aston Quay'. Bachelor's Walk and Aston Quay are two central city centre stops beside O'Connell Bridge at the heart of Dublin City. Depending on traffic and time of day, the journey can take approximately 50 minutes. There are also some night-time buses which are the C5 and the C6.

Irish rail

Maynooth train station is about 10 minutes walk from south campus. The station is on the Dublin-Sligo line meaning that you also have the option to explore the west of Ireland. Trains run frequently and take approximately 30-40 minutes to reach three Dublin city centre train stations: Connolly, Tara Street, and Pearse Station. From these stations, you can also take Dublin and surrounding area commuter trains (DART), inter-city trains and city and national bus lines.



Leisure

Telephones

Having a cell phone that works internationally is a great way to communicate with family and friends back home, as well as those in the program. Because it is a necessity in emergency situations, it is strongly recommended for all program participants. The good news is that, with the right information, getting an international cell phone can be a relatively quick, painless, and (if you plan well) inexpensive process. Note that in Ireland and Europe, cell phones are called "mobile phones". Here are some options:

Travel Cell Phone Providers

Some companies specialize in providing cell phones to international travelers. Many of these companies will offer you a cell phone and/or SIM cards for use abroad, a local phone number in the countries you will be traveling in, and rates that are competitive with local providers. In the past, we have used PicCell Wireless. You receive the SIM card and cell phone before leaving the USA so you have a phone that works upon arrival.

Email

You are expected to check your UFL.edu email account daily while in Maynooth in order to stay up-to-date with communication.



Local Pre-Paid Cell/Mobile Phones

It is generally inexpensive and easy to find a pre-paid phone in each location that you will be studying in. You will have the comfort of knowing that you will not be shocked by a large phone bill at the end of the semester. Purchase as many minutes, data, text messages, etc., as you think you will need at the beginning and then re-fill as necessary. Keep in mind, though, that you will not be able to get your money back for pre-paid minutes not used. One drawback is that you will not have a cell phone upon your arrival abroad.

UF requires a local telephone number for all participants. You will have the opportunity to rent an inexpensive phone upon arrival. Additionally, inexpensive phones should be available at any wireless store where you are studying abroad. The SIM card may be able to be used in an unlocked phone from the US; however, we recommend renting or purchasing a cell phone just to be on the safe side, as having a local cell phone can be invaluable in the case of an emergency. Just be sure to know the rates for your phone and limit your usage according to your budget.

Depending on the type of cell phone and carrier you have, it may be possible to use your U.S. cell phone overseas. Options include setting up an international plan with your U.S. carrier. As this option can be costly, make sure you are aware of all fees and rates included. You may want to unlock your phone before leaving the USA and purchase a local SIM card which will work in your current phone (see above).

Electricity

The voltage in Ireland is 220/240. Any electrical items you bring from home will need an adapter to fit into electrical sockets and a converter if the voltage requirement differs. We recommend that you purchase adapters and converters (a minimum of three) before leaving. If you had planned to bring electrical products such as hairdryers, straighteners/ curling irons, radios, etc., we recommend purchasing those in Ireland as needed.

Below are pictures of an adapter for Ireland with three prongs and a sketch of a converter with a continental adapter for mainland Europe. The converter changes the European 220/240 volts to the 110 volts needed for American appliances. If you travel to mainland Europe, be aware that the adapters for their electrical plugs differ from the Ireland and UK plug adapters. Mainland Europe does operate on the same 220/240 volts system.



Irish plug and wall outlet with on/off switch



UK/Ireland Adapter



Universal Adapter

Travel Information

For Everyone:



- Underwear and socks (enough for 14 days)
- Light-weight jacket and/or **rain jacket**
- Warm coat, scarf, gloves, hat, and boots for cold weather
- Pajamas
- Sunglasses
- **Comfortable walking shoes**
- **Umbrella**
- **Hiking/Tennis/Running Shoes**
- **Shower Shoes**

For Men:



- 3 pairs of jeans
- 2 pairs of khaki or black pants
- Belt
- 4 long-sleeved button-down shirts
- 3-4 polo shirts
- 4 T-shirts (**no American logos**)
- 5 undershirts
- 5 pairs of shorts
- Athletic wear and shoes
- Sweatpants
- Nice pair of shoes and dress socks

For Women:



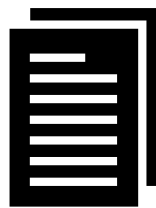
- 3 pairs of jeans
- 2 pairs of khaki or black pants/skirts
3 dresses
- 5-8 long- and short-sleeved tops
- Cardigan/sweater
- 5 pairs of shorts
- 1 pair of wedges, flats, or sandals
- 1 pair of boots - combat or comfortable (spray with water-proofing)
- Accessories (light scarves, inexpensive jewelry, etc.)

Toiletries:



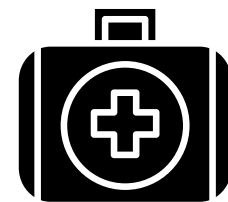
- Towel and washcloths (bed linens will be provided)
- Spare glasses/contacts/solution
- Small sewing kit
- Travel size bottles and Ziploc bags
- Toiletries, including feminine items
Toothbrush, toothpaste, shampoo/conditioner, soap/body wash, razor/shaving cream, brush/comb, lotion, perfume/cologne, makeup, tampons, etc.
- Shout® Wipes and Color Catcher® sheets
- Hangers (8-10)

Documents/Necessities:



- Important documents (passport, IDs, travel documents, CAPA information, pre-departure guide, credit/debit cards, etc.)
- List of emergency phone numbers
- Headphones/ear buds
- Cards
- Notebooks
- Laptop, cell phone, camera, & chargers
- Adapters (3-5) and converters
- Padlock and little locks
- Book(s) and/or magazines

First Aid/Care



- First Aid kit/Band-Aids
- Glasses/contacts
- Prescription medication and original prescription (in original bottles)
- Bathrobe/slippers for dorm
- One change of clothes
- Water bottle
- Neck pillow, ear plugs, eye mask
- Clothes to layer for cooler weather
- Snacks
- Pillowcase
- Advil, Tylenol, Pepto Bismol, Dayquil/
Nightquil or other generic medication

Travel Tips

Packing

If you take prescription medication, bring a large enough supply with you to last the duration of your stay and bring a copy of your prescription. Take any preferred non-prescription medications with you, as obtaining American name-brand drugs may be difficult while in Ireland.

Try to pack as lightly as possible. Remember that you will have to carry whatever you bring. Almost anything you may need can be purchased while abroad (e.g., clothes, accessories, linens, toiletries/hygiene items, generic medications, etc.). Take care to plan appropriately and consider what you may acquire while abroad that you will have to pack when returning to the USA. Do not bring valuable or non-replaceable items with you, such as expensive jewelry.

Leave room in your luggage so that you can accommodate items you will purchase abroad to bring back with you.

Check with your airline to confirm what the weight and/or size limitations are for your luggage and for carry-on baggage and stay within those guidelines! Since weight limits are usually 50 lbs. /23 kg, it is advised to use luggage no larger than 24 inches.

Additional Clothing Tips:

- Include durable, drip-dry, no-iron clothes
- Take items that have multiple uses
- Consider physical and social climate
- Dark colors do not show dirt as readily
- **Rain jacket** (it rains 1 days/month on average during September and October.

Average Highs & Lows

High of 70 degrees
Low of 55 degrees



Local Travel Tips

Traveling Throughout Europe

- Buy an Ireland and Europe specific travel guide before you go. Make sure you actually read it! It will really save you time, money, and many headaches.
- Budget airlines like EasyJet and Ryanair are good ways to travel, but you often fly from smaller airports that are not in the city center. Former students recommend the website www.skyscanner.com as a valuable airline-planning tool.
- When traveling by plane around Europe, be sure to take into account the cost for transportation to and from the airports, as the airports are often far from the center of the city, as mentioned above. When leaving Dublin traveling by air, it's better to depart during the afternoon or evening, as the morning flights often leave very early, and there may be no transportation to the airport. Discount airlines charge very steep prices for checked luggage. Carry-on luggage is recommended, though be sure to check with your airline, as there are typically strict size requirements, and occasionally there are charges.
- Train travel is sometimes cheaper than traveling by air, and very scenic! They are a great way to travel long distances to various European cities. Check out www.eurostar.com for more info. Reservations are usually required.
- Another inexpensive mode of transportation is Euro Lines (www.eurolines.com). This is a bus line that goes to major cities and takes you right to the center of the city. However, travel time tends to be very long. It is generally the cheapest if you book far enough in advance.

Accommodations Outside of Maynooth

- Try using www.hostelworld.com, or a general Google search for hostels and budget hotels. The rating systems are accurate, so it is best pay attention to them. It is not recommended to stay in anything lower than an 80% rating. Make sure to always keep your belongings locked up when staying at a hotel, hostel, airbnb, etc. (e.g., in a locker, in a safe, in your padlocked luggage)
- It is recommended to buy a sleep sack (available through www.magellans.com) and travel shammy towel, because some hostels require you to rent sheets and towels, which may be expensive. Depending on your needs, it may also be good to purchase a decent-sized travel backpack.

Managing Money

- It is good to carry cash with you when you travel because many of the hostels do not take credit cards. Also, many street vendors (e.g., for food, trinkets, etc.) only accept cash. Make sure to bring your passport when staying in hostels because they will usually ask to see it.
- You may want to have some type of money belt with you when traveling. In all big cities, pickpockets can be a problem. Be especially careful on the subways, buses, and airports.
- Again, make a list of all the credit and debit cards you take with you, along with the telephone numbers to call in the event of a loss. Record the long-distance telephone number, as 800 numbers do not work when calling from abroad. Be sure to have copies of your passport, IDs, and any other important documents, as well. Keep one copy of everything in a safe place separate from your wallet (e.g., in a safe place within your residence) and another copy at home with your family.
- One last tip - keep your purse/wallet/backpack on your person at all times. Do not set anything down on the floor or hang it on a chair. Keep items you need to carry to a minimum.

Useful Apps/Websites

Suggested Apps to Download

- **Google Maps** and **WhatsApp** are the most recommended apps to download.

Google Maps



WhatsApp



Planning and Preparation

- **Tript** is a free app that keeps track of all your flight info in one place and offline. Just forward your confirmation email, and all the data is populated on your account within seconds.
- **Skyscanner** is a free app/website that provides a global search engine that enables people to find comparisons for flights.
- **Kayak** app and desktop, is an impressively useful flight search engine.
- **Entrain** app helps to reduce the symptoms of jet lag in an easy and effective way.
- **Weather Channel** app lets you stay up to date on the forecast hourly, daily, and/or weekly for your next destination. You can add up to 10 cities.

Accommodations

- **HostelWorld** works in a pinch to land last-minute budget accommodation. Try to ensure your hostel has the following: Lockers, A/C or heating, linens/towel provided, walking distance to method of public transportation. Also, ensure your
- hostel is rated roughly 80% or better.
- **AirBnB** and **HomeAway** help you find and make private accommodation reservations. These can be especially useful when traveling with multiple people.

Money Matters

- **XE** lets you keep track of fluctuating conversion rates throughout your trip so you know exactly how much that fancy dinner equates to in US dollars.
- **Mint** is a great way to budget while abroad, and it lets you keep track of your balances.

Transportation

- **MyTaxi** and **747 Airlink Bus** are two options to go to and from the Dublin airport. You can pre-book the taxi in advance with the MyTaxi app. Once you have a LEAP card you can use it for the bus fare, but it is more expensive than paying €7 for a single adult ticket.
- **Uber** can be used (as well as other local taxi apps) over waving down taxis. Forget all the stress of making sure the meter is set correctly, if you have the right bills on hand, being ripped off by the classic “you handed me a 5, not a 20” scam. Just link up your bank account to the app, and the rest is easy. Note: Uber is not available in some locations/countries.

Communication

- **WhatsApp**, **Viber**, **iMessage**, **Google Hangouts**, and **Skype** are all messaging and calling apps that use data or Wi-Fi. You can use them in order to keep in touch with not only friends and family back home but also all of your new international friends and others on the program!
- Know some key phrases of the countries you are visiting. **Google Translate** can make or break your ability to travel through a country in which you do not speak the language. With the ability to download the dictionary per language, you also ensure you have access to the translate ability when away from data or Wi-Fi.
- **TravelSafe** is a potentially life-saving database of emergency service numbers for just about every country.



Miscellaneous

- **Google Maps** is one of the best options to explore new places. Traffic updates, public transit, city tours with 360-degree street views, plus a voice-guided, turn-by-turn GPS navigation are merely some of the features this mobile app offers so you can navigate like a pro. Individual city maps can be downloaded to your device for offline use.
- **Weekend Student Adventures (WSA Europe)** has designed an app that provides a ton of “on-the-go” tips and tricks for many cities. Download city chapter free and opt into newly updated sites and favorite venues.
- **Rick Steves Audio Europe** is extremely well done, free, and informative. Search and download all the subjects on your destinations before you leave on your trip, and listen to them on the plane ride in order to get well prepared.
- **TripAdvisor** is extremely useful for locating nearby restaurants and attractions, and it will use your current position and GPS to guide you to your destination. With tips, rankings, and reviews, it will ensure that you are well traveled and well fed, no matter the city.
- **Like a Local** will let you avoid the tourist traps and tell you where the real hotspots in town are located. The app lets real locals post reviews and insights about their favorite places in town for you to see. They are meticulous about the locals they use, so you will not be getting reviews from someone who has only lived here for a week.
- **Smart Traveler** is an essential tool, especially when traveling to less stable regions. It is somewhat like an abridged version of the CIA’s World Fact Book and has a dossier on every country around the globe, as well as up-to-the-minute travel warnings, be they based on political uprisings or natural disasters. Especially handy is the inclusion of STEP, which lets travelers e-register with their local U.S. embassy or consulate when abroad for an added layer of safety and lets travelers receive alerts by email.
- **Historypin** is a location-aware augmented reality app that is full of interesting elements. Chief among them is the ability to point your phone’s camera at historic buildings (in tons of cities across the globe) and see a selection of vintage images nearby that can be layered over the modern building or space in front of you. There is also an option to toggle back and forth and, in many cases, pick photos from different years. These photos come from numerous sources, including other users, and are accessible as collections, as walking tours, or simply via a map showing available photos nearby.
- **LoungeBuddy** knows that even within the elite jet set, there are various classes of traveler, and different airport lounges to match. Whether you need a quick pre-flight shower, or are hungering for a smorgasbord of exotic fruit, this neat app will suggest a lounge, complete with user reviews. All you have to do is type in your airport and level of access and the rest is taken care of.

Good To Know

Time & Place

Time

Ireland's time zone is Greenwich Mean Time (GMT).

Climate

Ireland's climate is generally cool and damp, with the possibility of warm, sunny days during the summer when it stays bright well into the evening. The average temperature in the summer is 70-55 degrees Fahrenheit. The climate in Seattle, WA in the U.S. most closely matches that of Ireland.

Phones

Phones and Phone Numbers

In Ireland, we prefer to call phones as mobile phones.

If your cell phone can accept an international SIM card and has been unlocked, you can purchase an Irish SIM card to use the phone in Ireland. There are phone shops in Maynooth town that offer these services.

Irish cell phone numbers start with '08' and have 10 digits e.g. 087 123 4567. Irish land numbers have 9 digits and start with a '0' e.g. 045 123 456.

The international code for Ireland is +353 and to call from abroad, the first '0' of any number is removed. For example, to call reception desk is 01 708 6400 from within Ireland. To call from outside Ireland, it is +353 1 708 6400.

Emergency Calls

Emergency services can be contacted by dialling 112 or **999**.

Money

Currency

The currency in Ireland is the Euro.

Local Banks and ATMs

There are a number of banks in Maynooth town where you can withdraw money. Banks are normally open from Monday-Friday, 10am-4pm. However, you can access ATMs (cash points) constantly. These are located in and outside banks, on streets, and in shopping centres. Some are located in supermarkets and pubs.

Appendix A: Quick Fact Sheet

Quick Tips

- St. Patrick's College, Maynooth University
<https://www.maynoothuniversity.ie/>
- Your questions are NOT an imposition – they are welcome
- All UF students are bound by the UF Student Code of Conduct, Honor Code and Honor Pledge while abroad.
- Always be alert and conscious of your surroundings.
- Be sure to inform your bank and/or credit card company that you will be leaving the country.
- ATM machines will offer the most advantageous exchange rates. Make sure your ATM card is part of the
- Visa/PLUS or MasterCard/Cirrus network and includes a chip.
- Any electrical items you bring from home will need an adapter to fit into electrical sockets & a converter if the voltage requirement differs. We recommend that you purchase adapters and converters before leaving.
- You are expected to check your UFL.edu email account while in Maynooth in order to stay up-to-date with communication.
- If you take prescription medication, bring a large enough supply with you to last the duration of your stay and bring a copy of your prescription.
- **Try to pack as lightly as possible.**

It is recommended that U.S. citizens bring the following documents to prove that you are a student and in Dublin for academic reasons:

- Valid U.S. Passport.
- Dated letter of acceptance that proves you have been accepted to study UF in Maynooth.
- Proof of adequate funding for the semester (i.e., bank statement, credit card, scholarship award letter).
- Proof of plans to leave at the end of the semester (return ticket).
- Details about the UF in Maynooth program (pre-departure guide).

Leave the following information with your parents/guardians:

- Names, the address, and phone numbers of the staff
- Names, addresses, and telephone numbers of all important UF contacts for financial aid, registration, etc.
- Your return dates with flight information and times. They will want to know when they can expect to have you back home!



To call from the USA to Ireland:
011 + 353 + telephone number (Country code for Ireland = 353)

To call the USA from Ireland:
001 + area code + telephone number

Classes

IDS 1940 – Creativity & Design Thinking for Innovation
IDS 1107 – Innovators Mindset 2 Credits (100% online)
Total Number of Credits Offered: 6
UF Faculty teaches courses.

IA requires students to have on-going access to:

Microsoft Word & PowerPoint
Adobe Acrobat
Autodesk Fusion 360
Arduino IDE
Gatorlink email

Appendix B: US Embassy in Dublin

The Embassy of the United States of America in Dublin is the diplomatic mission of the United States of America to Ireland. The Embassy is located at 42 Elgin Road, Ballsbridge, Dublin 4. Under Chargé d’Affaires Reece Smyth, the Embassy team works to protect and promote U.S. interests in Ireland through diplomatic relations with the Irish government, commercial contacts with the business community, and public diplomacy.



U.S. Embassy

Chargé d’Affaires: Claire D Cronin
Address: 42 Elgin Rd, Ballsbridge Dublin 4, Ireland
Phone: 011.353.1.668.8777

Contact

Address:

Innovation Academy
321 Infirmiry Building
University of Florida
Gainesville, Florida 32611
(352) 294-1785

Email:

iacademy@ufl.edu

Website:

innovationacademy.ufl.edu

Tag us in all of your memories!



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@UF_IA



@University of Florida Innovation Academy



@University of Florida Innovation Academy



@UFInnovationAcademy



Céad Míle Fáilte!*

*A hundred thousand welcomes! (Gaelic)